

Wombok Salad

Perfect summer salad, packed with flavour and colour.



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Total time: 10 min

Preparation: 10 min

Cooking: 0 min

Created by: QAST

Serves: 10

Category: Cold Meals

Level: Easy

Ingredients

- 1 unit Changs noodles, pack
- 1 unit Wombok, shredded
- 3 each Shallots, finely diced
- 1 unit Red capsicum, finely diced
- .5 cup French dressing, fat/oil free
- 1 tbsp Soy sauce
- .25 cup Brown sugar

Recipe

1. Mix vegetables together.
2. Shake dressing ingredients in jar, use as needed.
3. Portion into serving containers.

Full description

This colourful summer salad recipe is courtesy of Clairveux Mackillop College, Mt Gravatt.

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