

# Black Rice with Strawberries and Asparagus

A delicious alternative to white rice sushi



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Total time: 0 min

Preparation: 0 min

Cooking: 0 min

Created by: QAST

Serves: 20

Category: Cold Meals

RRP: \$1.50 ea

Level: Easy

This price is provided as a guide only and should be checked before using it as a listed menu price.

## Ingredients

- 2 cup Black rice
- 1 unit Sushi sheets
- 1 tbsp Sushi seasoning
- 1 unit Asparagus
- unit Strawberries

## Recipe

1. Cook rice until cooked through
2. Add sushi seasoning and cover in fridge until cooled slightly
3. Using bamboo rolling mat, spread black rice evenly across the sheet leaving 2-3 cms gap across length of sushi sheet at one end for sealing the roll
4. Line the centre of sushi with a line of strawberries and 1 stick asparagus
5. Wet length of sushi sheet on length not covered with rice
6. Roll using bamboo mat for pressure finishing with sealing at end of wet sushi sheet
7. Cut roll in half and place into container for service

## Full description

Quick and easy recipe great when strawberries are in season

[www.emenu.qast.org.au](http://www.emenu.qast.org.au)

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