

# Edamame Cup

Easy and delicious



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Total time: 6 min

Preparation: 0 min

Cooking: 6 min

Created by: QAST

Serves: 1

Category: Hot Meals

RRP: \$1.00 ea

Level: Easy

This price is provided as a guide only and should be checked before using it as a listed menu price.

## Ingredients

75 g Edamame

## Recipe

1. Cook edamame in boiling water for 6 minutes

## Full description

Boiled edamame (soy beans) full of flavour and very nutritious. Available frozen in bulk bags.

[www.emenu.qast.org.au](http://www.emenu.qast.org.au)

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