

Edamame Cup

Easy and delicious



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Total time: 6 min

Preparation: 0 min

Cooking: 6 min

Created by: QAST

Serves: 1

Category: Hot Meals

RRP: \$1.00 ea

Level: Easy

This price is provided as a guide only and should be checked before using it as a listed menu price.

Ingredients

75 g Edamame

Recipe

1. Cook edamame in boiling water for 6 minutes

Full description

Boiled edamame (soy beans) full of flavour and very nutritious.

Available frozen in bulk bags.

www.emenu.qast.org.au

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