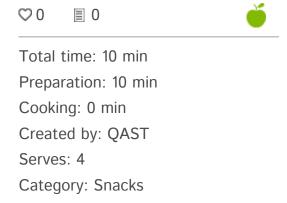
# **Cucumber Rounds**



Recipe courtesy Good Start Program.





Level: Easy

## **Ingredients**

1 unit Cucumber - medium size

1 unit Cottage cheese

1 unit Corn kernels

1 unit Carrot, grated

1 unit Cherry tomatoes, punnet

### Recipe

- 1. Cut cucumber into 1cm thick slices.
- 2. Slice cherry tomatoes in half.
- 3. Grate carrots and drain corn kernels.
- 4. Assemble ingredients onto cucumber slices.

# **Full description**

A fresh and tasty catering idea from the Good Start Programs recipe book Good Start Kai - healthy recipes for healthy Maori and Pacific Islander families.

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